

專書導讀-內在原力

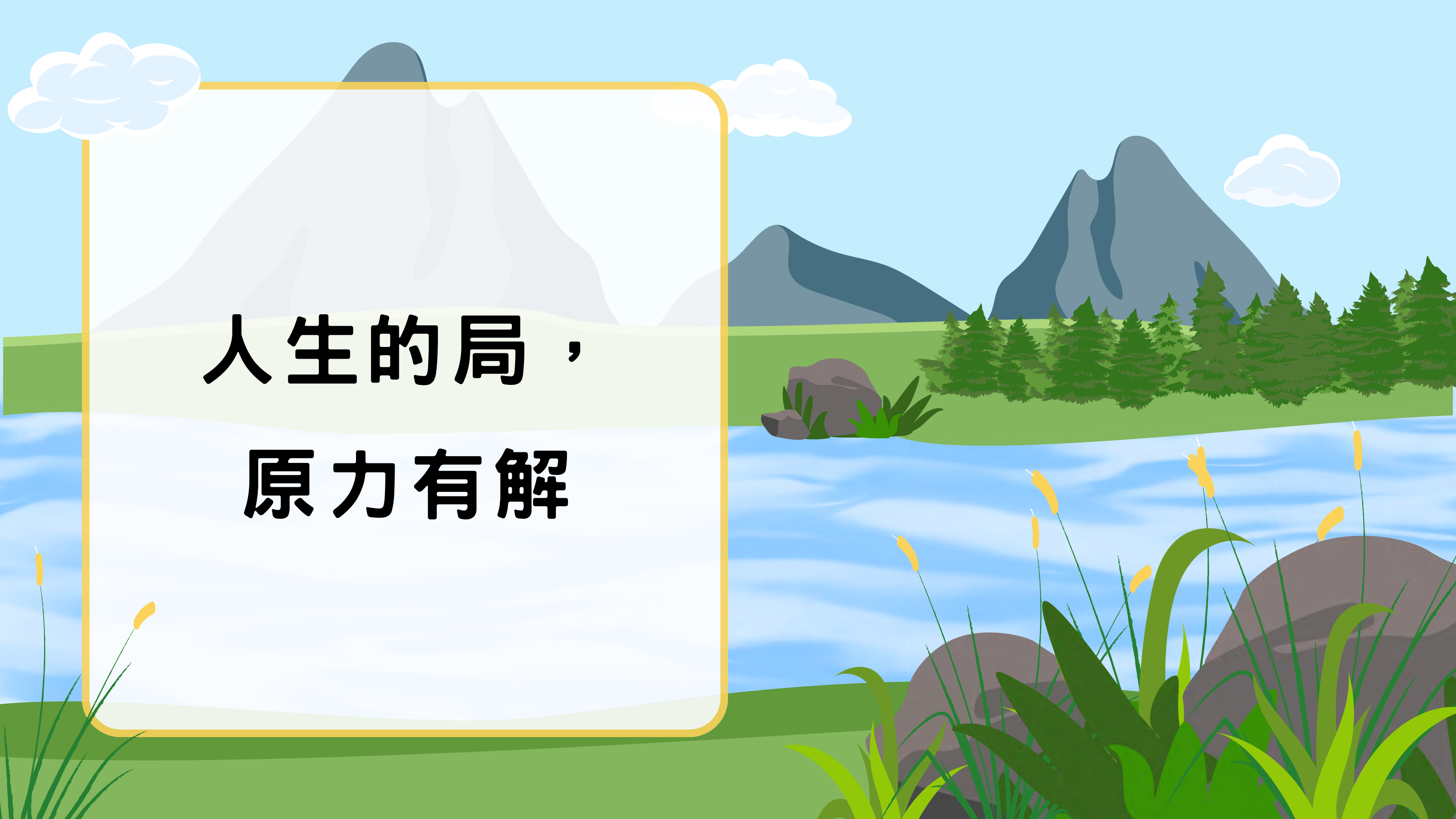
第 3 組 報 告

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a dense line of green evergreen trees sits on a grassy shore. Behind them, several jagged, grey-blue mountains rise against a clear blue sky dotted with a few white, fluffy clouds. A large, semi-transparent white box with a yellow border is positioned on the left side of the image, containing the main text.

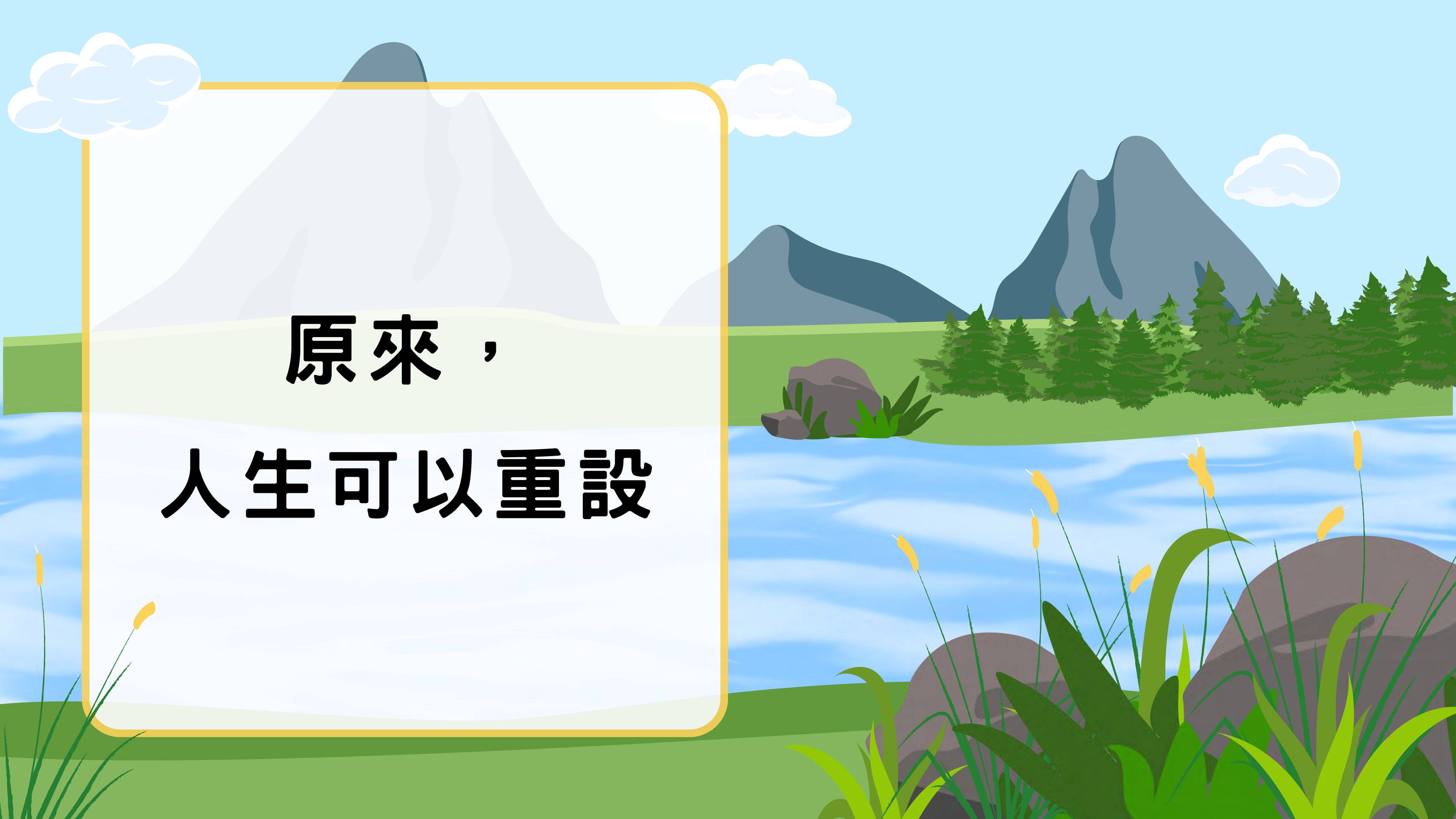
**具備內在原力，
擁抱 A+人生**

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a dense line of green evergreen trees sits on a grassy shore. Behind them, several jagged, grey-blue mountains rise against a clear blue sky dotted with a few white, fluffy clouds. The overall style is clean and modern, with flat colors and simple shapes.

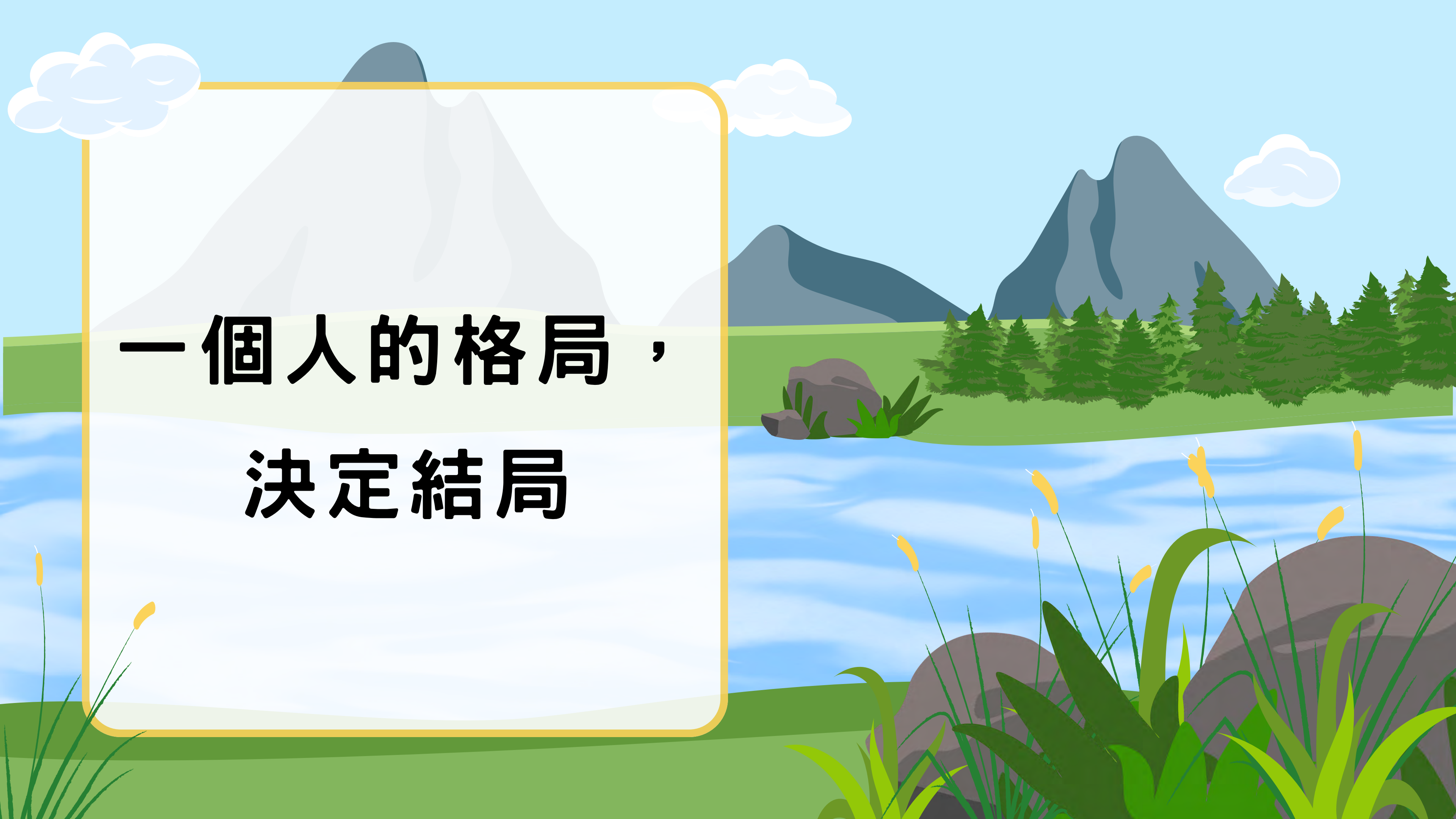
**原力也許遲到，
但從不缺席**

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a line of dark green evergreen trees sits on a grassy shore. Behind them, several jagged mountains in shades of grey and blue rise against a light blue sky with a few white, fluffy clouds. A large, semi-transparent white rectangle with a yellow border is positioned on the left side of the image, containing the text.

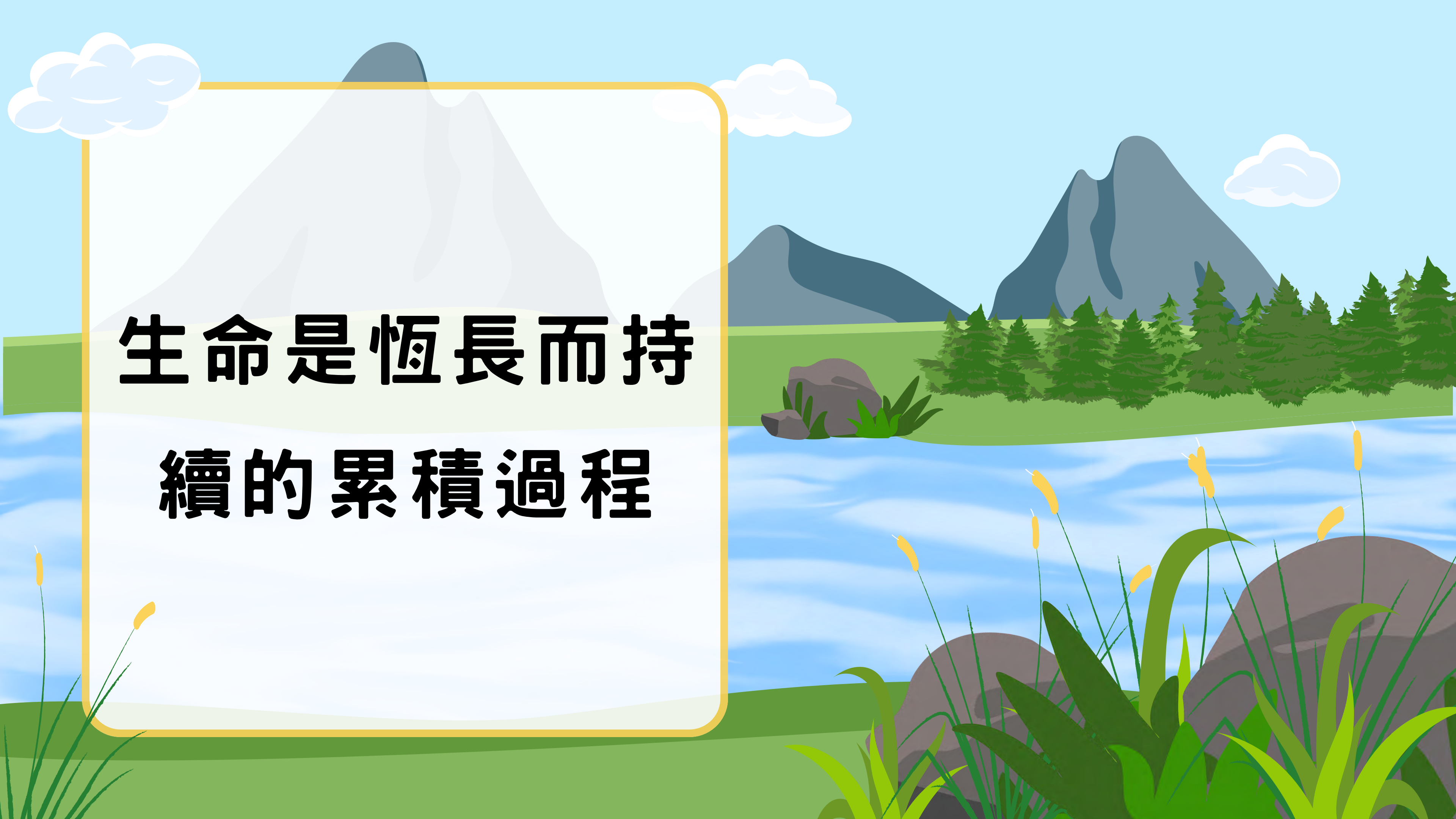
**人生的局，
原力有解**

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a dense line of green evergreen trees sits on a grassy shore. Behind them, several jagged, grey mountains rise against a clear blue sky dotted with a few white, fluffy clouds. The overall style is clean and modern, with flat colors and simple shapes.

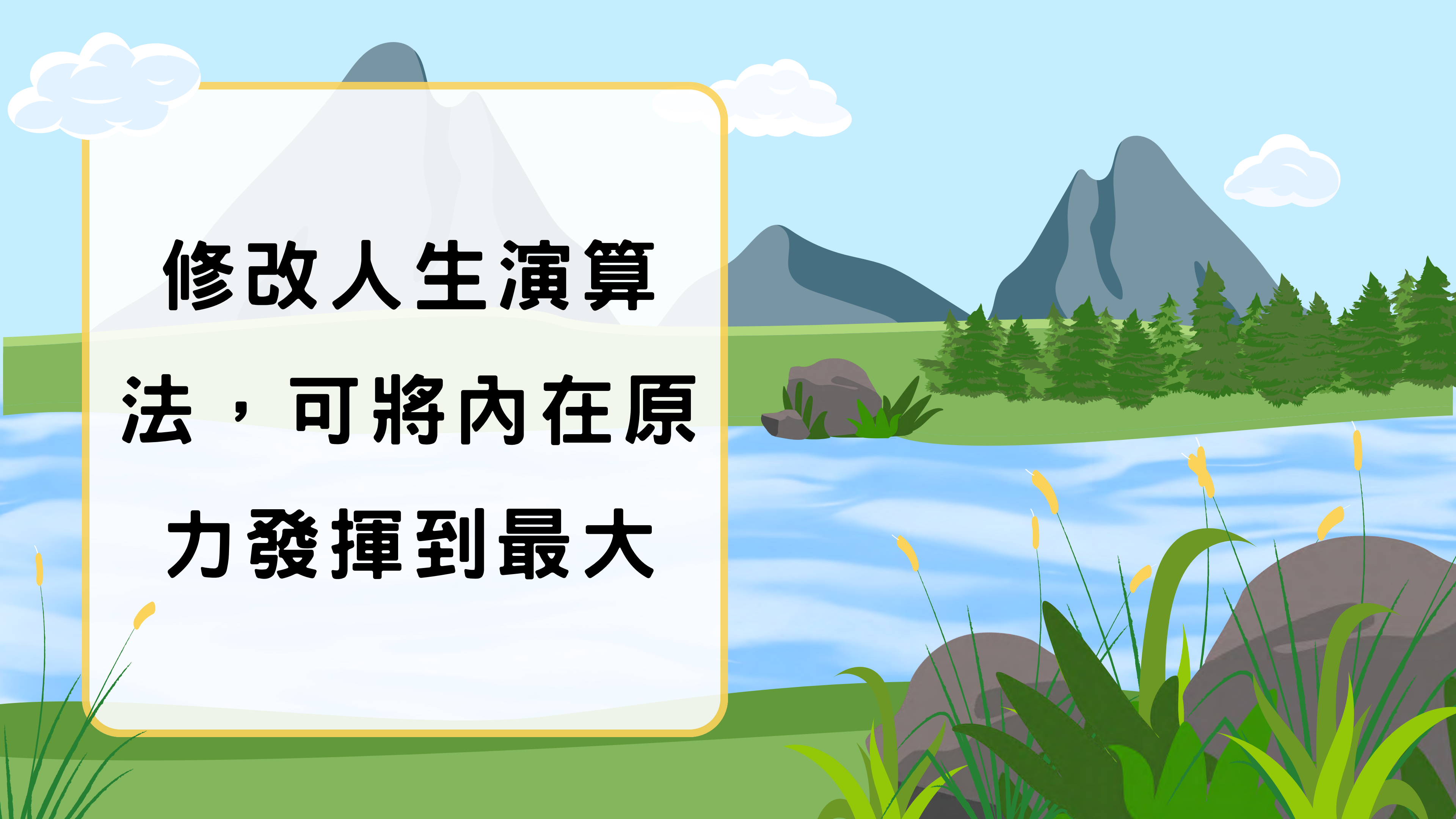
**原來，
人生可以重設**

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a dense line of green evergreen trees sits on a grassy shore. Behind them, several jagged, grey mountains rise against a clear blue sky dotted with a few white, fluffy clouds. A large, semi-transparent white rectangle with a yellow border is positioned on the left side of the image, containing the main text.

**一個人的格局，
決定結局**



**生命是恆長而持
續的累積過程**

The background is a vibrant, stylized landscape. In the foreground, there are green reeds with yellow seed heads growing from a grassy bank. A calm blue lake reflects the sky. In the middle ground, a dense line of green evergreen trees sits on a grassy shore. Behind them, several jagged, grey-blue mountains rise against a light blue sky dotted with fluffy white clouds. A large, semi-transparent white box with a yellow border is positioned on the left side of the image, containing the main text.

**修改人生演算法，
可將內在原
力發揮到最大**



內在原力

9個設定

活出最好的人生版本

第1章 一人公司

像一家公司那樣經營自己



第2章 三種工作

人生可長可久的工作組合



第3章 利他共贏

利他的比重隨著年齡遞增



第4章 成功方程式

網路新世代需多加入防護罩



第5章 站對地方

人際網路放大成果的效益



第6章 無限思維

生命是長期而持續的累積



第7章 沒有壞事

找出壞事背後隱藏的好事



第8章 包容力

開啟無限力量的萬用鑰匙



第9章 常保初心

你是誰比你做什麼更重要



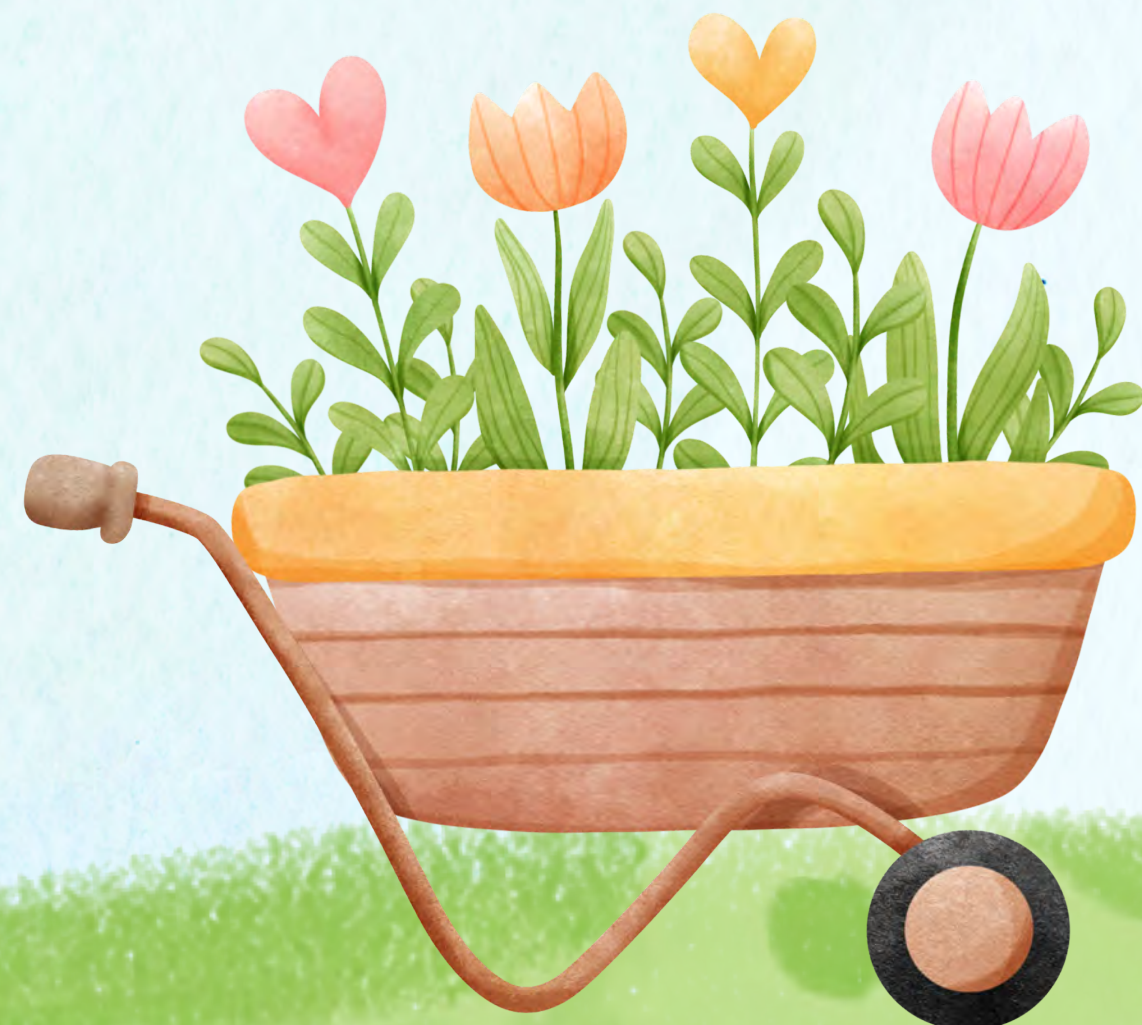


**普通人的心態
發揮內在原力者
有什麼不同？**





普通人的心態 發揮內在原力者 有什麼不同？



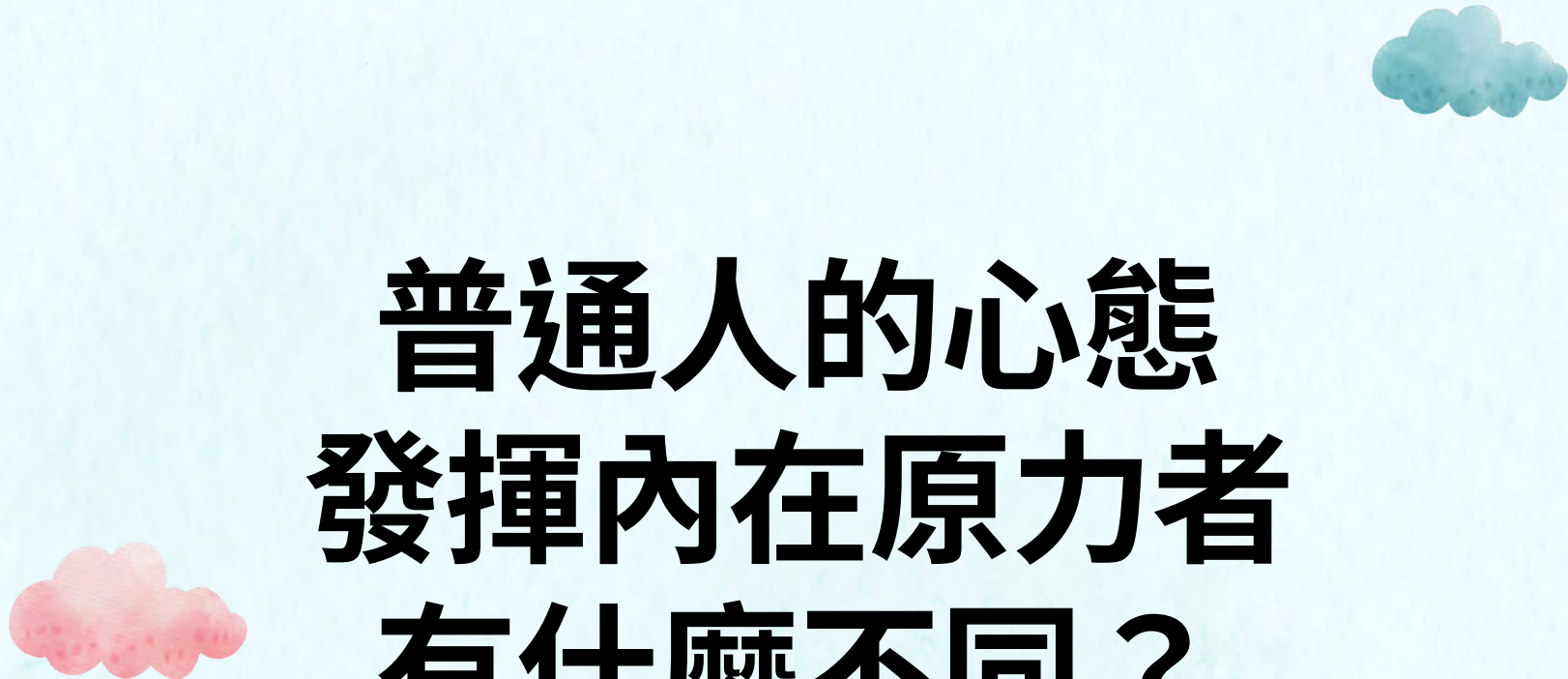
普通人的心態

領多少薪水做多少事情

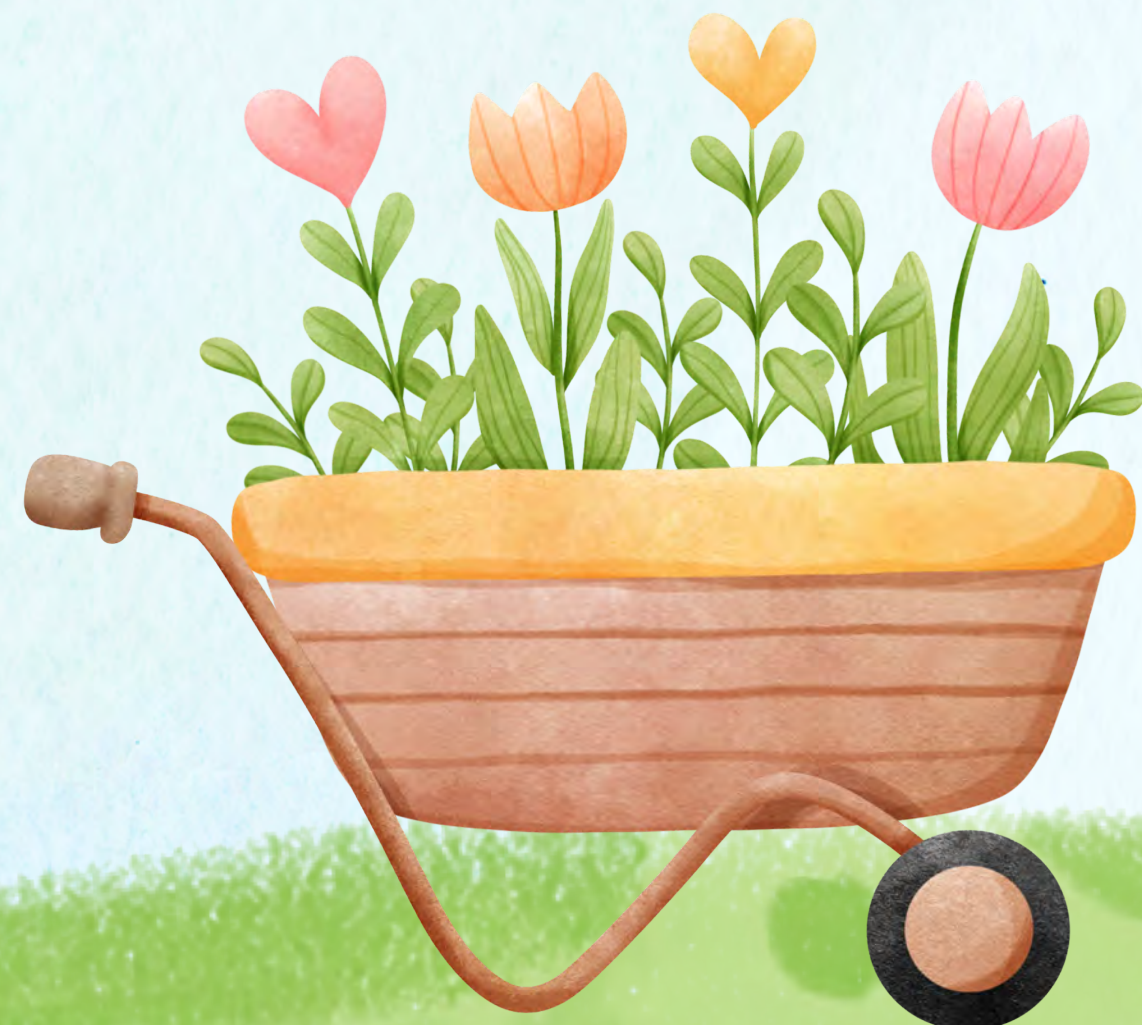


發揮內在原力者

一人公司：像一家公司那樣經營自己、為自己人生負全責



普通人的心態 發揮內在原力者 有什麼不同？



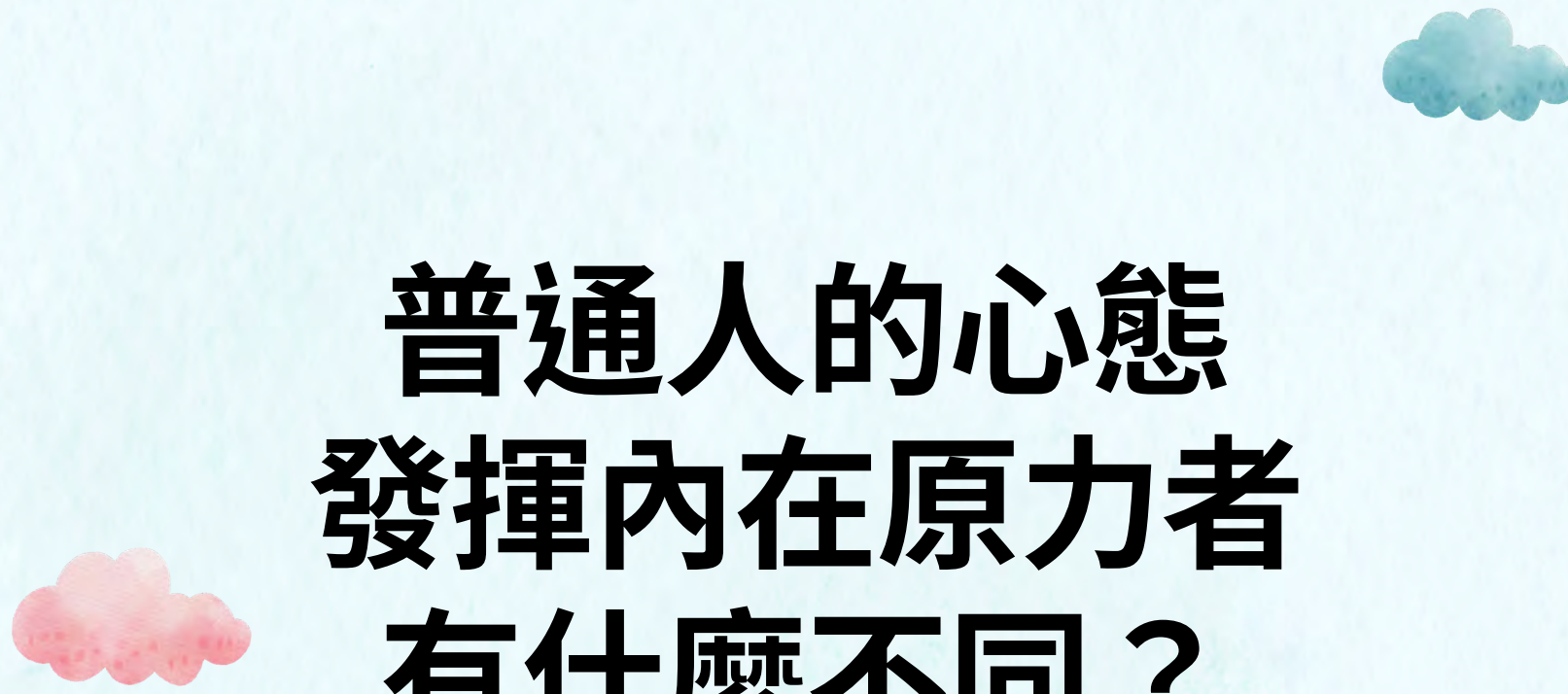
普通人的心態

找一份有金錢收入的工作

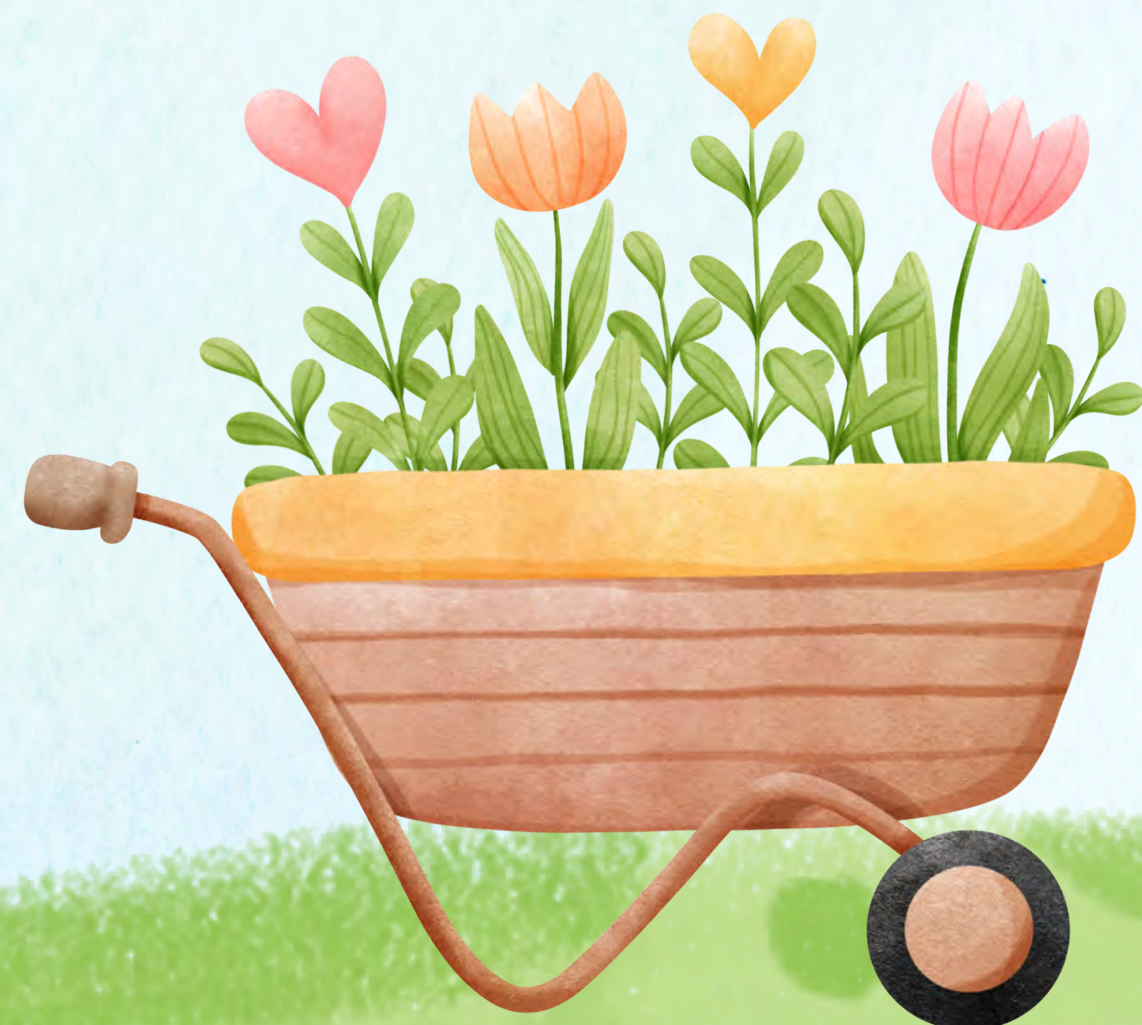


發揮內在原力者

三種工作：有金錢收入的、無價的、自我實現的「工作組合」獲得身心靈的平衡與滿足



普通人的心態 發揮內在原力者 有什麼不同？



普通人的心態

自顧不暇，行有餘力再開始利他

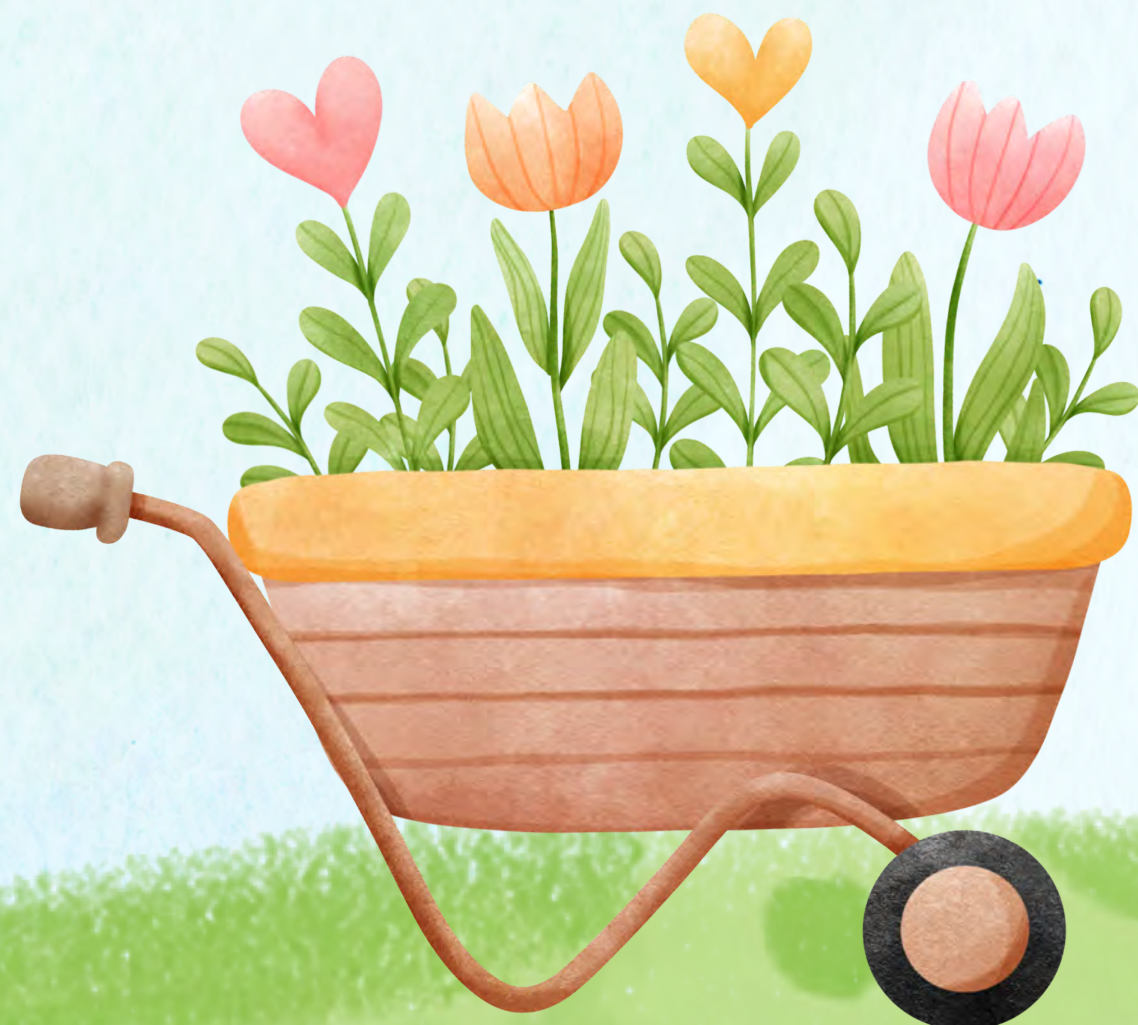


發揮內在原力者

利他共贏：利他的比重隨著年齡遞增，吸引更多人來幫自己



普通人的心態 發揮內在原力者 有什麼不同？



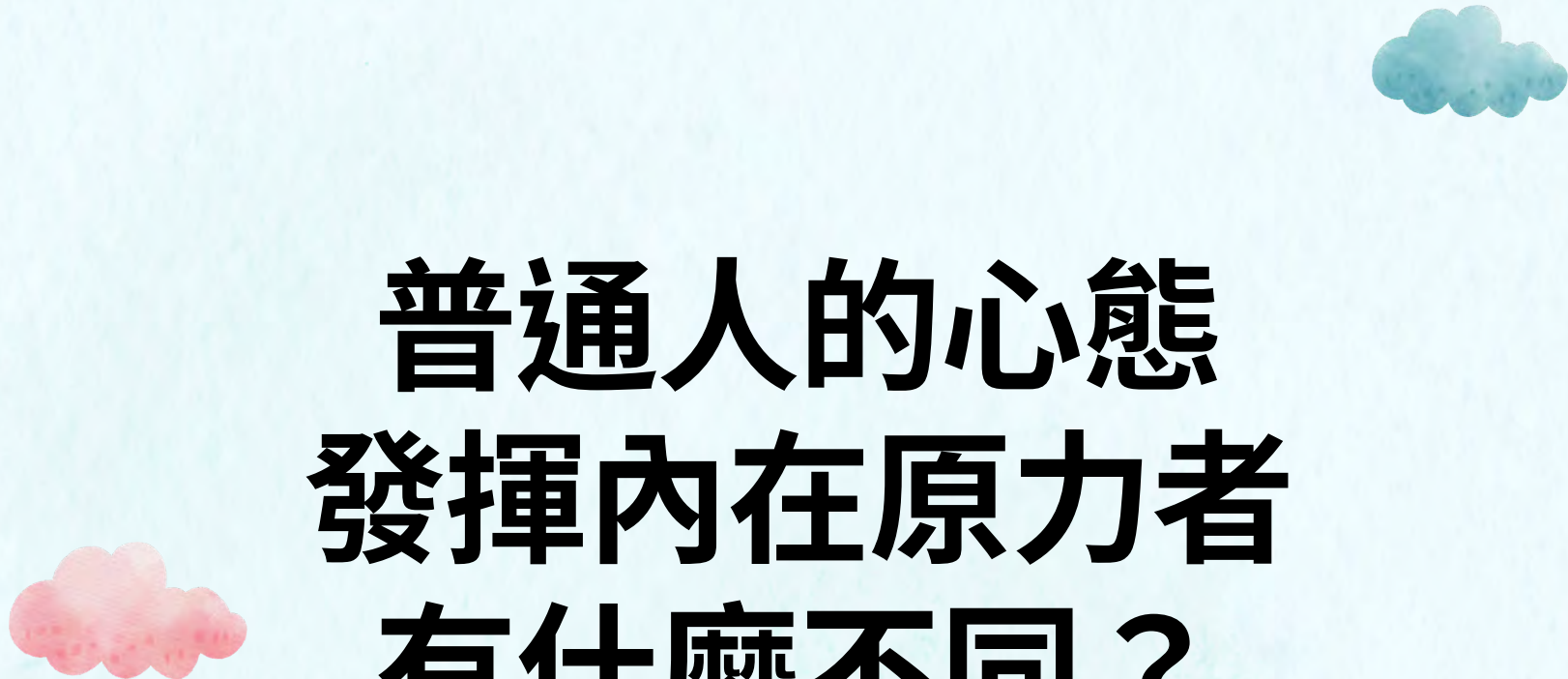
普通人的心態

多聽他人的意見

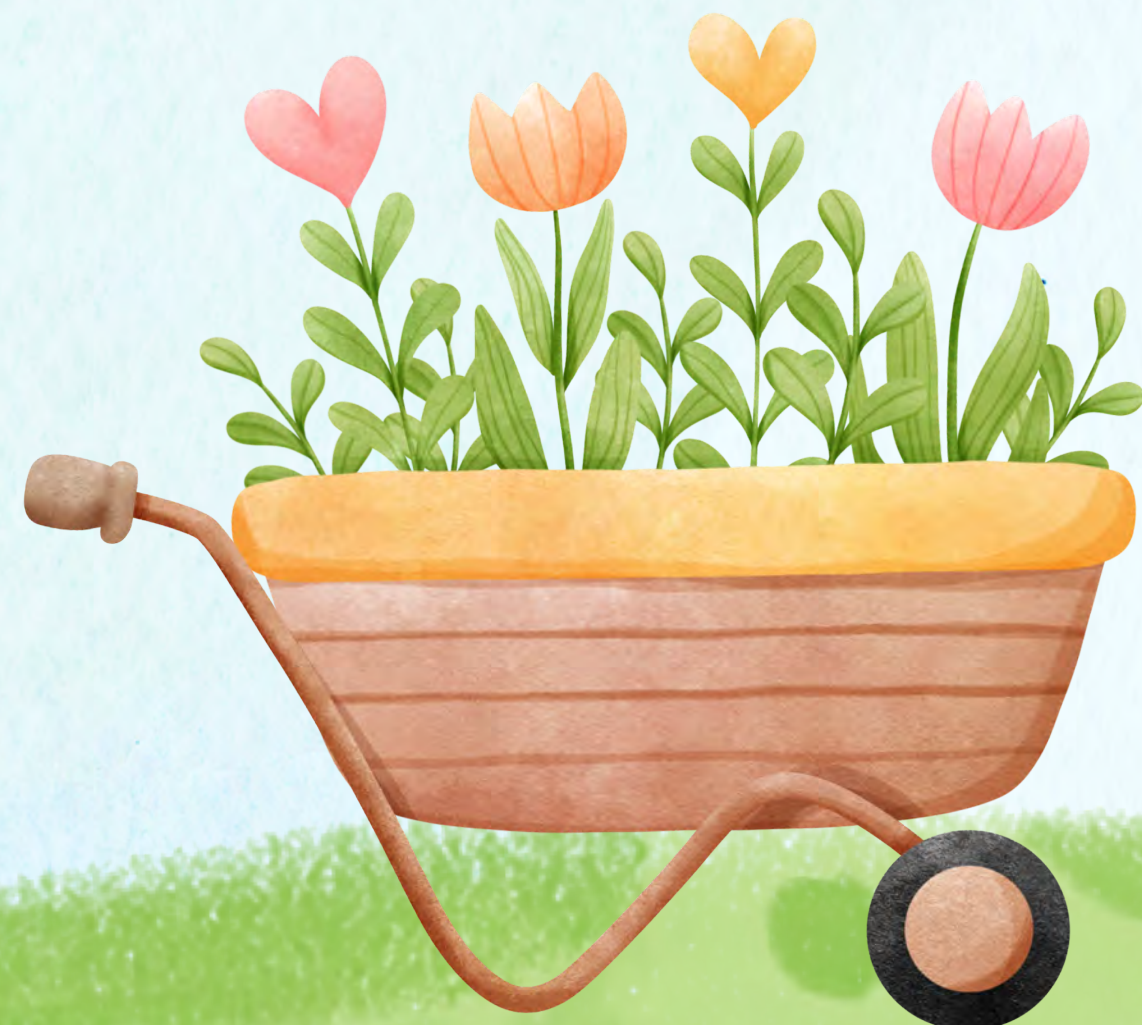


發揮內在原力者

成功方程式：網路新世代需加防護
罩，能在獨處當中保持高度專注



普通人的心態 發揮內在原力者 有什麼不同？



普通人的心態

市場熱門什麼，就參與什麼

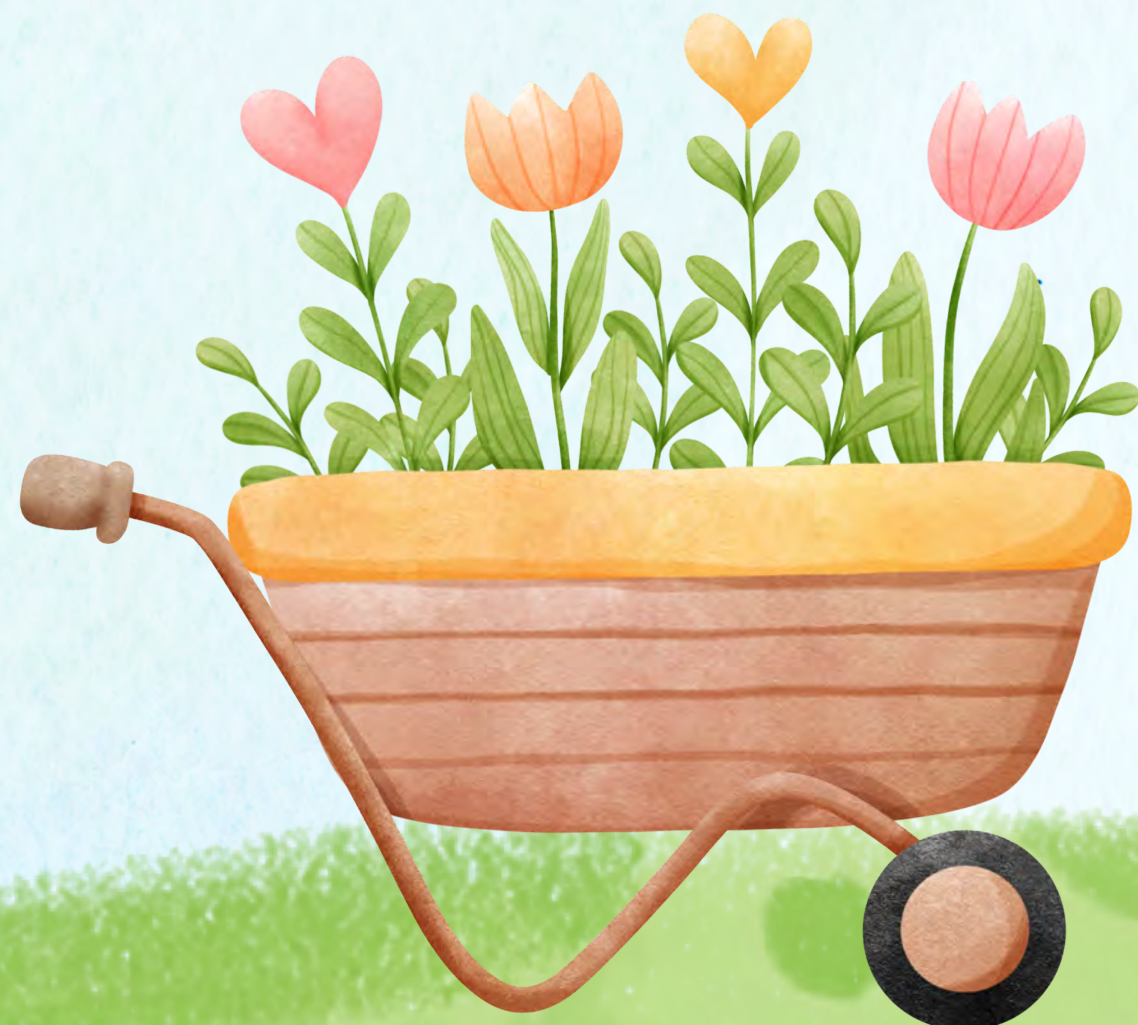


發揮內在原力者

站對地方：人際網路放大成果的效益，善用網路節點來擴散影響力。



普通人的心態 發揮內在原力者 有什麼不同？



普通人的心態

認為資源有限，必須競爭

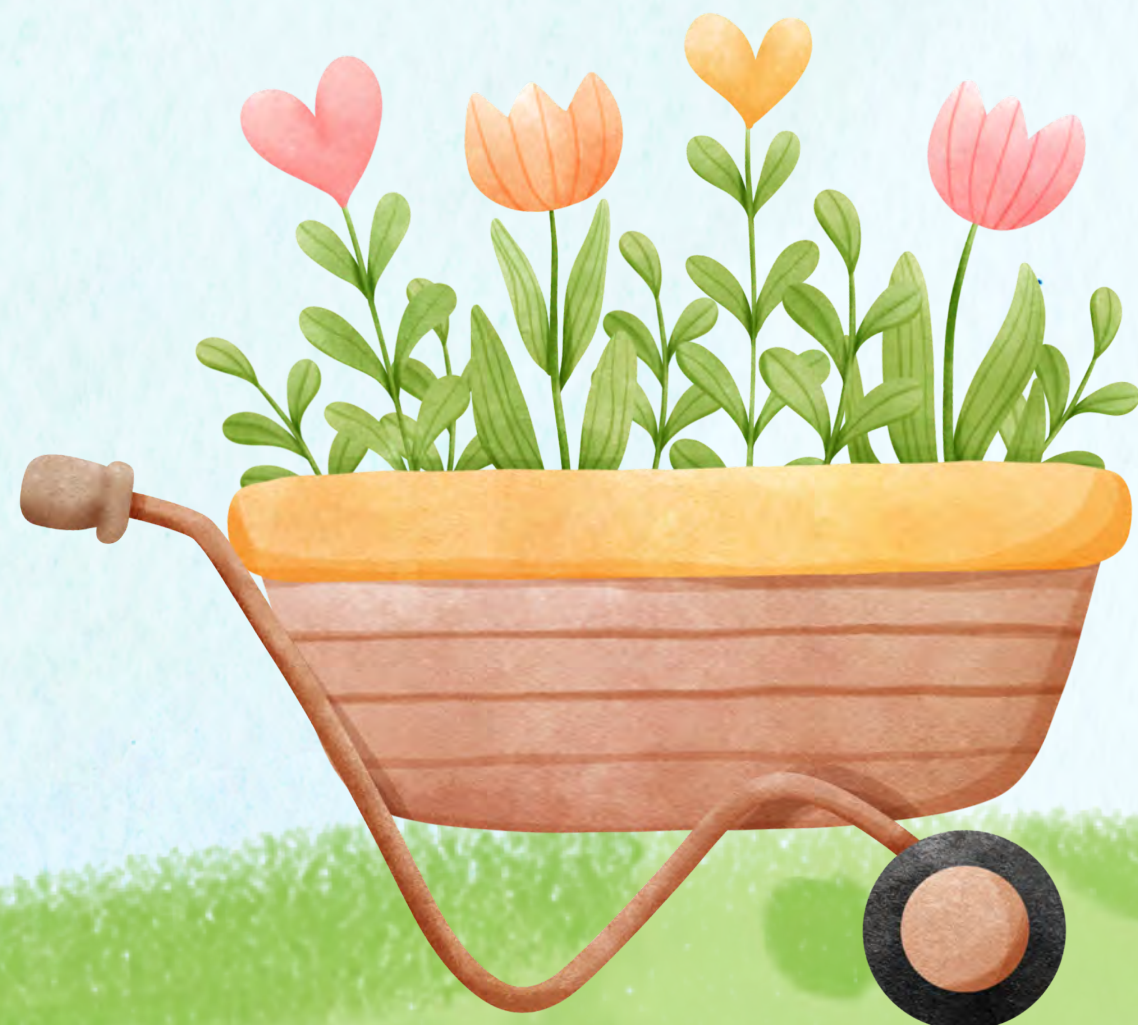


發揮內在原力者

無限思維：生命是長期而持續的累積，超越自己比戰勝他人更重要。



普通人的心態 發揮內在原力者 有什麼不同？



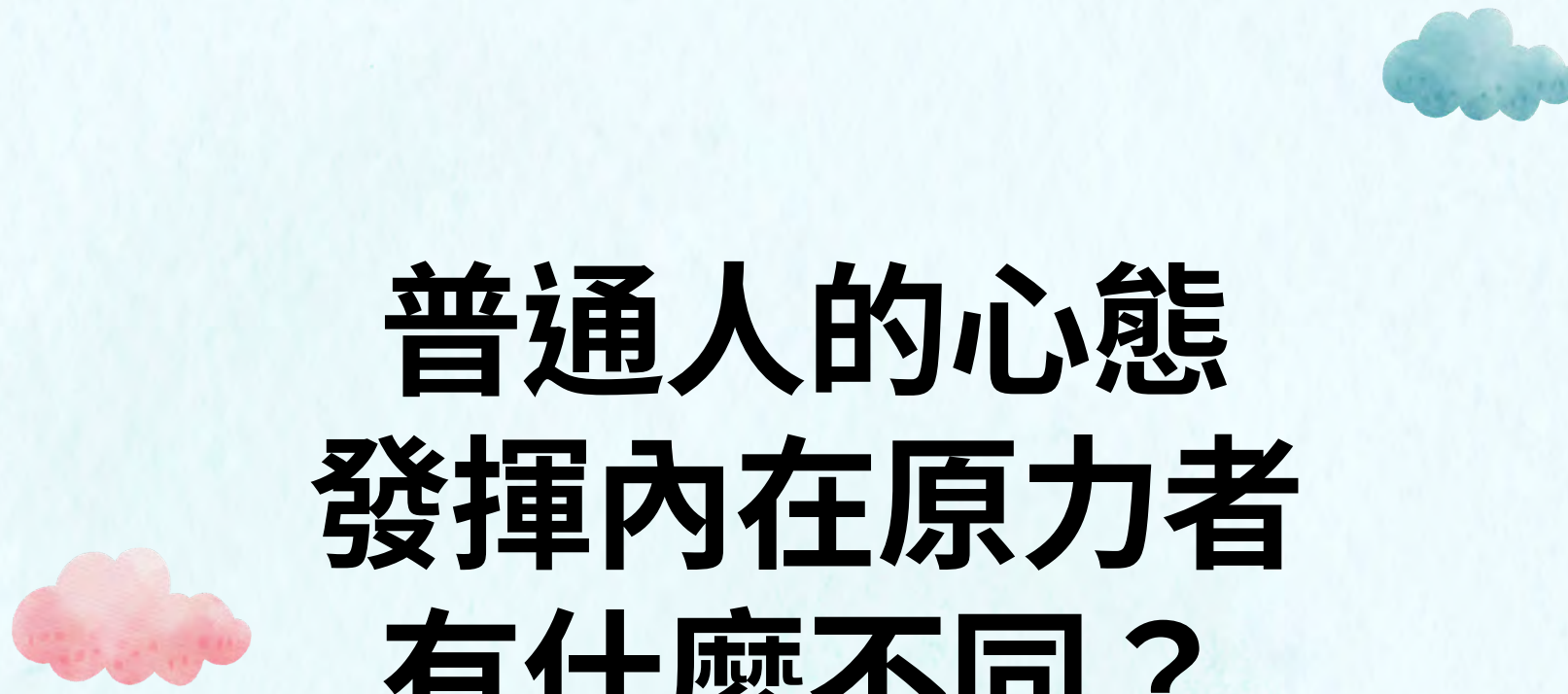
普通人的心態

遇到壞事自認倒楣

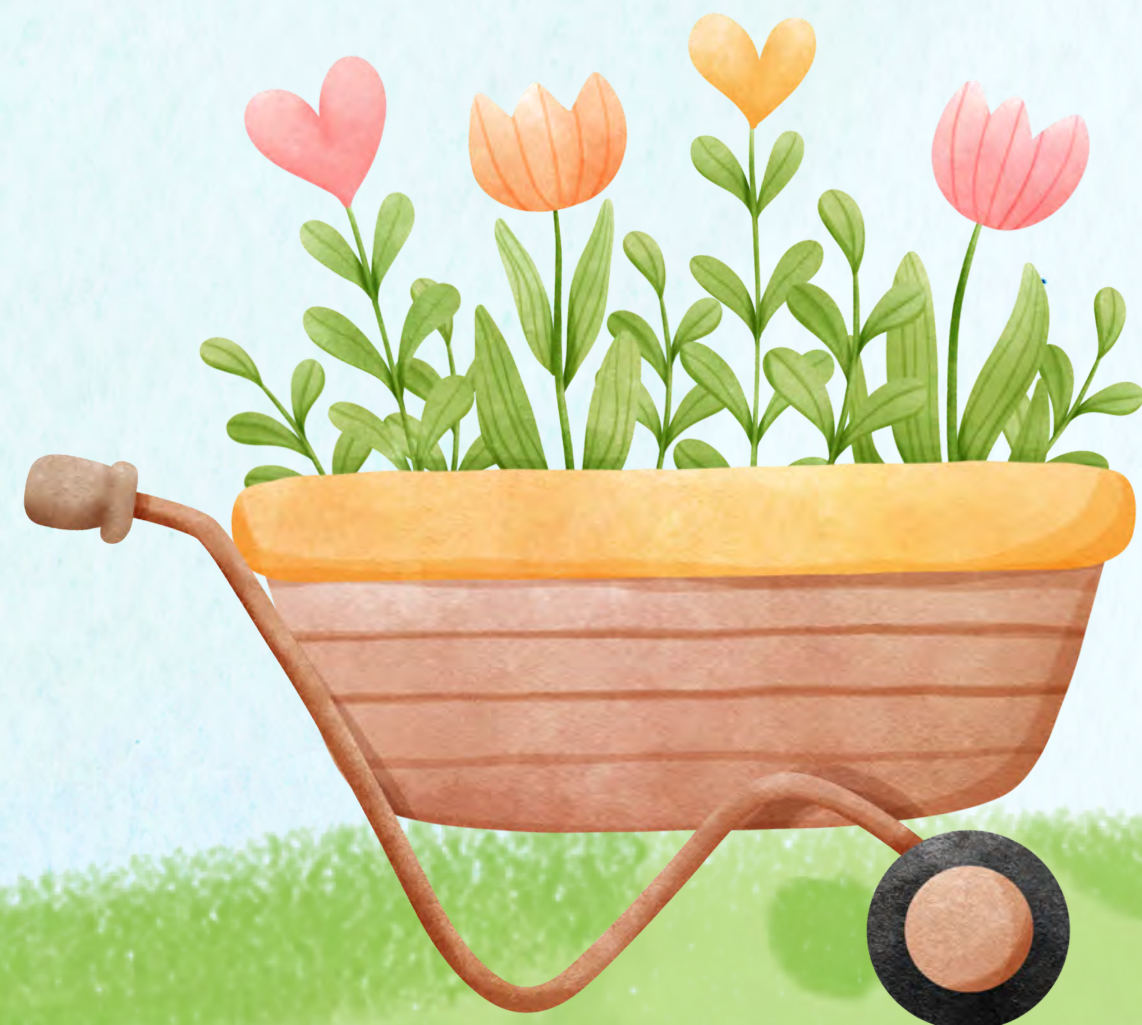


發揮內在原力者

沒有壞事：找出壞事背後隱藏的好事，將逆境轉化為成長的養分。



普通人的心態 發揮內在原力者 有什麼不同？



普通人的心態

在他人身上貼標籤以化繁為簡

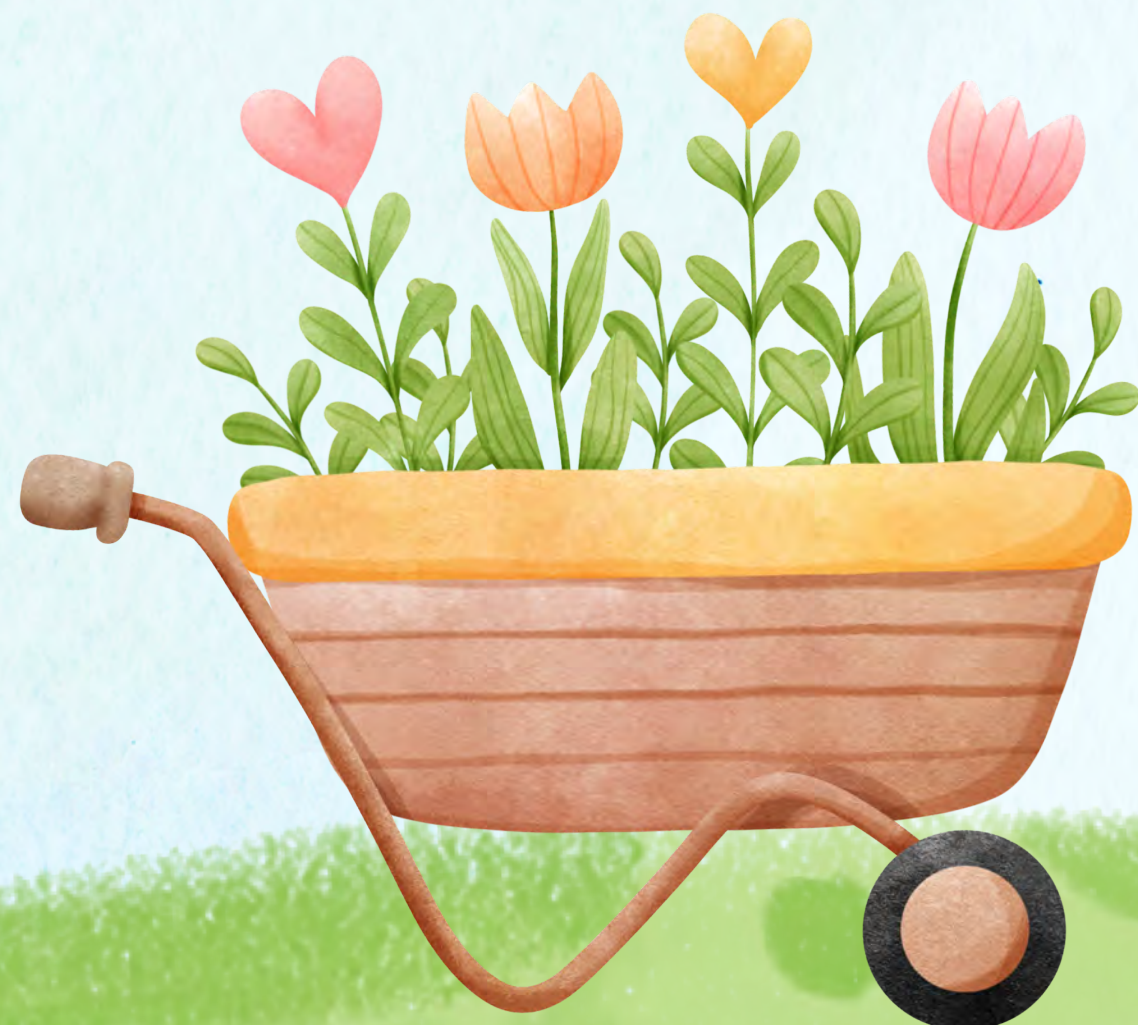


發揮內在原力者

包容力：開啟無限力量的萬用鑰匙，
透過感謝心來取得他人的助力。



普通人的心態 發揮內在原力者 有什麼不同？



普通人的心態

先做再說 (Do, Have, Be)



發揮內在原力者

常保初心：以終為始 (Be, Do, Have)